

# Ascentis **Entry 3 and Level 1 Award** in **Personal Development** **Rule of Combination**



**Ofqual Numbers:**

**Entry 3 Award: 601/3575/X**  
**Level 1 Award: 601/3592/X**

Ofqual Start Date:

01/08/2014

Ofqual Review Date:

31/07/2022

Ofqual Certification Review Date:

31/07/2023

# Qualification Overview

The Ascentis Entry 3 and Level 1 Awards in Personal Development are designed to give learners the skills to live independently by providing them with the knowledge to make informed decisions on issues that affect their lives. Achievement of these Awards could also act as the first step in a ladder of progression towards further qualifications and employment.

There are several features of these qualifications that make them very appropriate for their target learners:

- Assessment is through the building up of a portfolio of evidence, allowing flexibility in terms of the learner putting together evidence most appropriate to their learning situation
- A flexible optional unit structure allows learners and tutors to choose learning that is relevant to their specific needs
- The qualifications enable learners to combine units with units at a higher level, promoting learner progression
- Moderation and certification can be offered throughout the year, allowing maximum flexibility for centres

## Aims

The aims of these qualifications are:

- 1 To promote the skills required for independent living and learner self-confidence
- 2 To encourage the acquisition of skills and progression towards employment
- 3 To reward the achievement of learners for the skills that they have developed

## Target Group

These qualifications are aimed at those learners of all ages that may need help and support in developing the skills to enable them to achieve an independent lifestyle.

## Regulation Codes

Ofqual Regulation Numbers:

- Ascentis Entry Level Award in Personal Development (Entry 3): 601/3575/X
- Ascentis Level 1 Award in Personal Development: 601/3592/X

## Assessment Method

All units are internally assessed through the learner building up a portfolio of evidence that covers the relevant assessment criteria. They are internally assessed and verified by the centre and then externally verified by Ascentis.

# Rule of Combination

To achieve the Award in Personal Development the learner must obtain a minimum of 6 credits. Learners can achieve up to a maximum of 12 credits in completing the Award. A minimum of 51% of credits must be taken at the level of the Award and the remaining credits can be taken from any of the optional units.

Ascentis Entry 3 and Level 1 Award in Personal Development				
Minimum credits: 6				
Title	Level	Credit Value	GLH	Unit ref
<b>Entry 2</b>				
Community Action	Entry 2	2	20	Y/502/0449
Developing Self	Entry 2	2	20	M/502/0442
Dealing with Problems in Daily Life	Entry 2	2	20	D/502/0436
Healthy Living	Entry 2	2	20	L/502/0450
Individual Rights and Responsibilities	Entry 2	1	10	F/502/0445
Managing Own Money	Entry 2	2	20	Y/502/0452
Managing Social Relationships	Entry 2	1	10	A/502/0444
Preparation for Work	Entry 2	2	20	R/502/0451
Working as Part of a Group	Entry 2	2	20	H/502/0437
Working Towards Goals	Entry 2	2	20	Y/502/0435
<b>Entry 3</b>				
Community Action	Entry 3	2	20	F/502/0459
Developing Self	Entry 3	2	20	M/502/0456
Dealing with Problems in Daily Life	Entry 3	2	20	H/502/0454
Healthy Living	Entry 3	2	20	T/502/0460
Individual Rights and Responsibilities	Entry 3	1	10	A/502/0458
Managing Own Money	Entry 3	2	20	F/502/0462
Managing Social Relationships	Entry 3	2	20	T/502/0457
Preparation for Work	Entry 3	2	20	A/502/0461
Working as Part of a Group	Entry 3	2	20	K/502/0455
Working Towards Goals	Entry 3	2	20	D/502/0453
Personal Advancement	Entry 3	4	30	T/506/3793
Study Skills	Entry 3	2	10	F/506/3795
Equality and Diversity	Entry 3	2	20	K/503/4579
Health and Safety Awareness	Entry 3	1	10	A/504/9913
<b>Level 1</b>				
Community Action	Level 1	2	20	M/502/0473
Developing Self	Level 1	2	20	K/502/0469
Dealing with Problems in Daily Life	Level 1	2	20	L/502/0464
Healthy Living	Level 1	2	20	F/502/0476
Individual Rights and Responsibilities	Level 1	1	10	K/502/0472
Managing Own Money	Level 1	2	20	R/502/0479
Managing Social Relationships	Level 1	2	20	D/502/0470

Preparation for Work	Level 1	2	20	J/502/0477
Working as Part of a Group	Level 1	2	20	R/502/0465
Working Towards Goals	Level 1	2	20	J/502/0463
Personal Advancement	Level 1	4	40	M/501/5760
Study Skills	Level 1	2	10	J/506/3796
Career Development	Level 1	3	10	M/506/3792
Identity and Cultural Diversity	Level 1	2	20	M/502/3356
Carrying out own Volunteering Role	Level 1	2	16	A/506/7070
Time Management Skills	Level 1	3	27	D/506/2363
Demonstrating Speaking and Listening Skills	Level 1	3	27	R/503/9212
Improving Assertiveness and Decision Making	Level 1	3	27	D/505/8555
Understanding Personal Identity	Level 1	1	10	M/600/3134
Managing Personal Risk	Level 2	1	8	M/600/3411

**Credits from equivalent units:**

Please contact the Ascentis office to request equivalences, and ask to speak to a member of the Qualifications Development Team.

**Credits from exemptions:**

Please contact the Ascentis office to request exemptions and ask to speak to a member of the Qualifications Development Team.

**Barred combinations**

Unit title	Reference		Unit title	Reference
Community Action (E2)	Y/502/0449	May not be taken with	Community Action (E3)	F/502/0459
Community Action (E3)	F/502/0459	May not be taken with	Community Action (L1)	M/502/0473
Developing Self (E2)	M/502/0442	May not be taken with	Developing Self (E3)	M/502/0456
Developing Self (E3)	M/502/0456	May not be taken with	Developing Self (L1)	K/502/0469
Dealing with Problems in Daily Life (E2)	D/502/0436	May not be taken with	Dealing with Problems in Daily Life (E3)	H/502/0454
Dealing with Problems in Daily Life (E3)	H/502/0454	May not be taken with	Dealing with Problems in Daily Life (L1)	L/502/0464
Healthy Living (E2)	L/502/0450	May not be taken with	Healthy Living (E3)	T/502/0460
Healthy Living (E3)	T/502/0460	May not be taken with	Healthy Living (L1)	F/502/0476
Individual Rights and Responsibilities (E2)	F/502/0445	May not be taken with	Individual Rights and Responsibilities (E3)	A/502/0458
Individual Rights and Responsibilities (E3)	A/502/0458	May not be taken with	Individual Rights and Responsibilities (L1)	K/502/0472
Managing Own Money (E2)	Y/502/0452	May not be taken with	Managing Own Money (E3)	F/502/0462

Managing Own Money (E3)	F/502/0462	May not be taken with	Managing Own Money (L1)	R/502/0479
Managing Social Relationships (E2)	A/502/0444	May not be taken with	Managing Social Relationships (E3)	T/502/0457
Managing Social Relationships (E3)	T/502/0457	May not be taken with	Managing Social Relationships (L1)	D/502/0470
Preparation for Work (E2)	R/502/0451	May not be taken with	Preparation for Work (E3)	A/502/0461
Preparation for Work (E3)	A/502/0461	May not be taken with	Preparation for Work (L1)	J/502/0477
Working as Part of a Group (E2)	H/502/0437	May not be taken with	Working as Part of a Group (E3)	K/502/0455
Working as Part of a Group (E3)	K/502/0455	May not be taken with	Working as Part of a Group (L1)	R/502/0465
Working Towards Goals (E2)	Y/502/0435	May not be taken with	Working Towards Goals (E3)	D/502/0453
Working Towards Goals (E3)	D/502/0453	May not be taken with	Working Towards Goals (L1)	J/502/0463
Personal Advancement (E3)	T/506/3793	May not be taken with	Personal Advancement (L1)	M/501/5760
Study Skills (E3)	F/506/3795	May not be taken with	Study Skills (L1)	J/506/3796

## Guided Learning Hours (GLH)

The recommended guided learning hours for these qualifications is 54.

## Total Qualification Time (TQT)

The total qualification time for these qualifications is 60.

## Age Range of Qualification

These qualifications are suitable for young people aged 14–19 and adult learners.

# Contact & Further Information

New Centres please email [hello@ascentis.co.uk](mailto:hello@ascentis.co.uk) or call 01524 845046

Existing Centres visit the Login area of our website to view the full specification.

Product Development for enquiries please email [development@ascentis.co.uk](mailto:development@ascentis.co.uk)